



RUSTEMUL SUCIT
(Romania)

Rustemul Sucit means "The Twisting Rustem," and is a Romanian chain-dance form. It comes from Oltenia.

Pronunciation:

Record: Hai La Joc, Noroc Vol. I, Side B/1. 2/4 meter.

Music: (count ah-one, and two) 
(" ah-one, ah two) 

Formation: Short mixed lines, hands in "W" pos.

Meas

Pattern

- 8 meas INTRODUCTION.
- A
- 1 Facing ctr, preparatory L heel lift (ct ah).
Step R to R (ct 1); step L across in front of R (ct and); step R in place (ct 2); R heel lift (ct ah).
- 2 Repeat action of meas 1 with opp ftwk.
- 3 Repeat action of meas 1.
- 4 Moving fwd, step L to L (ct 1); step R across in front of L (ct ah); step L fwd almost closing to R (ct 2); step R diag fwd R (ct ah).
- 5 Step L fwd (ct 1); step R across in front of L (ct ah); step L fwd almost closing to R (ct 2); hop on L (ct ah).
Note: In meas 1-5, arms swing bkwd and fwd rhythmically.
- 6 Moving bkwd, step R (ct 1); hop on R (ct ah); step L (ct 2); hop on L (ct ah). Arms swing up to "W" pos on ct 1.
- 7-8 Moving sdwd R, three gallops (step-leap) (ct 1, ah, 2, ah, 1, ah); step R to R (ct 2); hop on R (ct ah).
In "W" pos hands make small fwd circles.
- 9-16 Repeat action of meas 1-8 with opp ftwk and direction.
Omit hop on final ct ah of meas 16.
- B
- 1 Sway R (ct 1); sway L (ct 2).
- 2 Pas de Basque R (cts 1, ah, 2).
- 3-4 Repeat action of meas 1-2 with opp ftwk and direction.
- 5 Facing diag R, step diag fwd R (ct 1); continue diag fwd, step L (ct 2); arms swing down and up.
- 6 Step diag bkwd to R on R (ct 1); close L to R (ct ah); step diag bkwd R (ct 2).
- 7 Step L behind R, twisting body to L (ct 1); hop on L as body turns to face ctr, R leg with lifted knee swinging to R (ct ah); facing ctr, moving to R step R (ct 2); leap-close L to R (ct ah).
- 8 Repeat action of meas 7 cts 2-ah (cts 1, ah); step R to R (ct 2); hold (ct ah).
- 9-16 Repeat action of Music B, meas 1-8 with opp ftwk and direction. Add preparatory heel-lift at end of meas 16.

Dance repeats from beginning.

Presented by Sunni Bloland